

Description of Sessions

REIKI (ENERGY HEALINGS)

Julie Boudewyns, Certified Reiki Practitioner at Master Level
EVEN FLOW 6861 Upper Afton Road, Woodbury, MN
[651-208-4577](tel:651-208-4577) | toevenflow@gmail.com

"opening the flow from within"

Reiki is a Japanese healing technique by channeling energy through touch. Sessions are non-invasive and promote natural healing.

*Reduce Stress

*Balancing of the body

*Relaxation

*Restore physical & emotional well being

Ion Foot Cleanse

Elimination of Toxins is the first step in giving the body a chance to heal itself. Cleansing is fundamental to any health building program. The Ion Cleanse Footbath purifies the body through the electrolysis of the water. Relax with your feet in water for about 30 minutes.

Healthy individuals can expect to feel lighter and experience a greater sense of well being from each Ion Cleanse session

MASSAGE

Jennifer Rosario, Massage Therapist
HealingbyJenn@gmail.com | 612-616-6743

Jennifer is a gifted massage therapist with over 10 years of experience. She has the ability to relieve pain, improve circulation, relieve stress, increase relaxation and aid in general wellbeing. She is also qualified to perform reflexology. Reflexology focuses on applying pressure to specific nerve zones in your feet and hands. This practice aims to harmonize your entire body. Every part of the human body is mapped into the feet thus treating such conditions as allergies, headaches & depression.

Megan Parker, Massage Therapist
megsmassagetherapyllc@gmail.com | 651-263-4561

Megan is currently a student at St. Catherine University in the Physical Therapist Assistant program and will be graduating this spring. She had been doing massage since July of 2014 and graduated from the U.S. Career Institute based in Fort Collins, CO. She owns her own massage business in West St. Paul called Meg's Massage Therapy where she does a variety of different types of massage from deep tissue to sports massage as well as relaxation and prenatal massages.

PSYCHIC READERS

Amanda Morelli, Intuitive Medium

All About Me Massage, Woodbury, MN | 651-453-1221

Amanda has had her Intuitive Gift since childhood. It has been passed down from generation to generation.

She can connect with your angels, guides or loved ones who have passed on. You can ask questions of your guides or you can listen to receive information. She has touched so many lives in a positive way with her guided messages, bringing peace and healing to many. Her kind and gentle way of giving messages is also a gift.

Jenny Canfield, Intuitive Medium

Tri Luminous | 651-503-3705

3200 No. Lexington, Shoreview unit C (Healing Within entrance)

Jenny is a renowned intuitive and psychic consultant, life coach, and teacher providing guidance and healing to personal and business individuals. Messages come from universal truths of light and love, individuals' ancient records, channeled from angels and spirit guides as well as loved ones who have passed.

Jenny is certified in various healing techniques and is a Reiki Master. She offers detailed and accurate messages about your personal, business, and spiritual journey. Messages and guidance are delivered with compassion and without judgment. Coaching consultation provides traditional solutions that are customized to meet individual and business needs.

Tarot Cards

Jennifer Engler, Intuitive Medium

Heaven Sent Healing Massage and Wellness Center

located at 5878 Blackshire Path, Inver Grove Heights, MN | 651-774-1038

info@heavensentmn.com

When we are looking for guidance from our deep intuition or from our angels, guides or heavenly mentors, we probably wish we could just hear them speaking to us. But, generally, messages from these divine helpers come to us through much quieter methods. Ancient humans used many tools as interpreting these messages. Oracle cards are methods that allow us to find a common language with our guides, and get the answers we are looking for. Jennifer will help interpret and guide you through these messages. Oracle cards are decks of cards, each with a different message, sometimes portrayed with images, sometimes with words and sometimes they come with a book that gives a deeper meaning or message behind the cards. These cards act as the messenger, relay what you need to know about a situation or guidance in moving forward.

Jennifer Englin is a licensed Massage Therapist, Reiki Master, Medium/intuitive reader and is a professional artist. One of her specialties and gifts is connecting to angels and spiritual energy and creating beautiful Angel portraits.